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Chronic stress promotes basal ganglia disinhibition by increasing the excitatory drive of direct-pathway neurons

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PII: S2352-2895(23)00059-0

DOI: https://doi.org/10.1016/j.ynstr.2023.100571

Reference: YNSTR 100571

To appear in: Neurobiology of Stress

Received Date: 5 July 2023

Revised Date: 23 August 2023

Accepted Date: 12 September 2023

Please cite this article as: Rodrigues D, Monteiro P, Chronic stress promotes basal ganglia disinhibition by increasing the excitatory drive of direct-pathway neurons, *Neurobiology of Stress* (2023), doi: https://doi.org/10.1016/j.ynstr.2023.100571.

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2	excitatory drive of direct-pathway neurons.
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23	ABSTRACT
24	
25	Chronic stress (CS) is a well-recognized triggering factor in obsessive-compulsive disorder (OCD)
26	and Tourette's syndrome (TS), two neuropsychiatric disorders characterized by the presence of
27 20	stereotypic motor symptoms. Planning and execution of motor actions are controlled by the dorsal
20 29	neurons from the direct- or indirect-nathway respectively. Despite the dorsal striatum being
30	affected in motor disorders and by CS exposure, how CS affects the two opposing pathways is
31	not fully understood. Here, we report that CS in mice selectively potentiates the direct-pathway,
32	while sparing the indirect-pathway. Specifically, we show that CS both increases excitation and
33	reduces inhibition over direct-pathway neurons in the dorsomedial striatum (DMS). Furthermore,
34	inhibitory interneurons located in the DMS also display reduced excitatory drive after chronic
35	stress, thus amplifying striatal disinhibition. Altogether, we propose a model where both increased
36	excitatory drive and decreased inhibitory drive in the striatum causes disinhibition of basal
37	ganglia's motor direct pathway - a mechanism that might explain the emergence of motor
38	stereotypies and tic disorders under stress.

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40 <u>Keywords:</u> Chronic stress; Dorsomedial striatum; Medial prefrontal cortex, Direct-pathway
 41 neurons, Hyperactivation

42 1. INTRODUCTION

43

44 The basal ganglia are a group of interconnected subcortical nuclei that include the striatum, 45 pallidum, subthalamic nucleus, and substantia nigra (Groenewegen, 2003). The striatum is the 46 entryway to the basal ganglia and is the source of the direct- and indirect- pathways, two basal 47 ganglia circuits that are critical for the control of intended motor actions (Graybiel, 2008; Hauber 48 and Schmidt, 1994; Kreitzer, 2009). The direct-pathway circuit originates from medium spiny 49 neurons (MSNs) in the striatum that express dopamine receptor type 1 (D1-MSNs), whereas the 50 indirect-pathway originates from striatal MSNs that express dopamine receptor type 2 (D2-51 MSNs). These basal ganglia pathways control movement in opposing ways: activation of the 52 direct pathway promotes motor actions while activation of the indirect pathway inhibits motor 53 actions (Gerfen and Surmeier, 2011; Kreitzer and Malenka, 2008).

54 At the cellular level, MSNs' output is tightly regulated by local GABAergic interneurons that 55 provide strong inhibitory control, such as parvalbumin-positive (PV) interneurons. Both cellular 56 populations, MSNs and PV, receive glutamatergic/excitatory inputs from upstream cortical 57 neurons (Choi et al., 2019; Graybiel et al., 1994; Klug et al., 2018; Kress et al., 2013; Landry et 58 al., 1984; Lovinger and Tyler, 1996; Monteiro et al., 2018; Reiner et al., 2003; Shepherd, 2004; 59 Tepper et al., 2008, 2004; Wilson, 1987). These cortical neurons can recruit either D1 direct-60 pathway MSNs or D2 indirect-pathway MSNs, respectively promoting or suppressing the 61 execution of motor actions(Kreitzer and Malenka, 2008).

Early clinical work suggests that striatal dysfunction might be central to the emergence of 62 63 obsessive-compulsive disorder (OCD) (Graybiel and Rauch, 2000; Maia et al., 2008) and 64 Tourette's syndrome (TS) (Hienert et al., 2018), two neuropsychiatric disorders characterized by 65 stereotypic unwanted motor actions. Interestingly, striatal dysfunction is also observed after 66 exposure to chronic stress (CS), and CS itself is known to trigger and exacerbate motor symptoms 67 in OCD and TS (Godar and Bortolato, 2017; Sousa-Lima et al., 2019). Despite this strong link 68 between striatum, stress, OCD, and TS, an explanation at the cell-circuit level for how stress 69 might mechanistically be able to trigger motor symptoms, is still elusive.

70 Previous work from our group has shown that CS leads to striatal disinhibition causing increased 71 MSN firing activity and increased motor locomotion in stressed mice (Rodrigues et al., 2022). 72 Here, we demonstrate that CS in mice selectively facilitates the striatal direct-pathway, a pathway 73 that promotes motor output, thus providing a mechanistic explanation for the emergence of motor 74 stereotypies and tic disorders under chronic stress. By increasing excitatory drive over striatal D1 75 MSNs while simultaneously reducing excitatory drive over striatal PV inhibitory interneurons, CS 76 promotes the activation of basal ganglia's direct-pathway, a mechanism highly relevant for 77 explaining stress-triggered motor symptoms.

78

79 2. MATERIALS AND METHODS

80

81 **2.1. Animals**

All animal procedures were approved by local authorities Direção Geral de Alimentação e Veterinária (ID: DGAV 8519) and the Ethics Subcommittee for the Life Sciences and Health (SECVS) of the University of Minho (ID: SECVS 01/18) and performed in accordance with European Community Council Directives (2010/63/EU) and the Portuguese law DL Nº 113/2013 86 for the care and use of laboratory animals. Animals were housed in a temperature-controlled room

87 (22 °C; 55% humidity) under a 12-h light/dark cycle (lights ON at 8 AM) with *ad libitum* access to 88 water and food (4RF21, Mucedola).

Drd1a-tdTomato (Shuen et al., 2008), *Drd2-EGFP* (Gong et al., 2003), and *Pvalb-tdTomato* (Kaiser et al., 2016) mice were bred on a pure C57BL/6 background and maintained as separate transgenic lines. Heterozygous male mice were randomly assigned to the CS group with corresponding littermates assigned to the control (non-stressed) group and housed separately by the experimental group. For the social defeat paradigm, 3-12 months old male CD1 mice from Charles River Laboratories were used as residents. CD1 mice were individually housed to increase their territorial status, and bedding was not changed during the stress protocol.

96 2.2. Chronic unpredictable stress

97 Chronic unpredictable stress protocol was performed as described previously(Rodrigues et al., 98 2022). Briefly, 5 weeks old male mice were exposed once a day to one of three random stressors: 99 forced swimming, restraint, or social defeat. During forced swimming, mice were placed inside a 100 20 cm diameter cylinder half-filled with $24 \pm 1^{\circ}$ C water and forced to swim for 5 min. During 101 restraint protocol, mice were restrained for 15 min inside a 50mL falcon tube containing breathing 102 holes. The social defeat protocol was based on the resident-intruder paradigm(Golden et al., 103 2011). The intruder mouse was placed inside the resident mouse's cage and allowed to interact 104 with the resident for a maximum of 5 min or until being attacked and defeated by the resident (as 105 indicated by fleeing, freezing, or submissive behaviour). Afterwards, the intruder was separated 106 from the resident but kept inside the resident's cage for 30 min inside an acrylic enclosure that 107 allowed visual, auditory, and olfactory contact but prevented further direct physical attack. 108 Stressors were randomly distributed throughout 21 days and arbitrarily scheduled in terms of 109 daytime, to prevent the animals from predicting and adapting to the stressor. In all cohorts, mice 110 were exposed to the same order and schedule of stressors. This paradigm was conceived to 111 maximize unpredictability and to better mimic the variability of stressors encountered in daily 112 life(Amat et al., 2005; Atrooz et al., 2021; Dias-Ferreira et al., 2009).

113 2.3. Retro-orbital injection

For morphological studies, 3 weeks old *Drd1a-tdTomato* mice were injected with AVV9.hSyn.eGFP.WPRE.bGH virus (Penn Vector Core, University of Pennsylvania) into the retro orbital sinus as described previously(Yardeni et al., 2011). Briefly, mice were anaesthetized with isoflurane and 1 μ L of the virus with a titre of 1.32e14 genome copies (GC) ml⁻¹ was injected into the retro-orbital sinus cavity. Two weeks after retro-orbital injection, mice were randomly assigned into control (Ctrl, *n*=4) or stressed (CS, *n*=4) groups, followed by 21 days of chronic unpredictable stress protocol in the latter case.

121 2.4. Immunohistochemistry and Morphological Studies

Mice were transcardially perfused with saline followed by 4% PFA. Brains were dissected out, post-fixed by overnight immersion in 4% PFA, and then transferred to a 30% sucrose in PBS solution for 24 hr immersion at 4°C. After that, the brains were embedded in OCT (Bio-Optica) and serially cut in a cryostat (Leica Microsystems). 30 µm-thick sagittal sections were used for strain validation and 100 µm-thick coronal sections were used for morphological studies. 127 For transgenic strain validation, Drd1a-tdTomato and Drd2-EGFP native fluorescence was used 128 for imaging. For morphological studies, striatal brain sections were washed three times for 10 min 129 with PBS and placed in citrate buffer at 80°C for 20 min. After that, the brain sections were allowed 130 to cool down at RT for 20 min and then washed 3 times for 10 min with PBS. Brain sections were 131 permeabilized twice with 0.3% Triton X-100 (Sigma-Aldrich) in PBS for 10 min at RT. After 132 washing 3 times in PBS for 10 min, brain sections were blocked using 15%NGS, 5%BSA, 0.2% 133 Triton-x for 1hr at RT. Blocked sections were then incubated overnight with primary antibody for 134 GFP (Mouse #MAB3580, Millipore, 1:1000) diluted in blocking buffer. Following primary antibody 135 incubation, brain sections were washed three times for 10 min in PBS and incubated with 136 secondary antibody (488-Goat anti-mouse IgG, Invitrogen, 1:1000), for 2hrs at RT. Next, brain 137 sections were washed three times for 10 min with PBS, stained for DAPI (D9542-1MG Sigma-138 Aldrich) for 3 min at RT, and mounted on Superfrost slides (Thermo Scientific) using Shandon™ 139 Immu-Mount[™] mounting medium (Thermo Scientific).

Image acquisition was performed using Olympus confocal microscope (FV1000, Olympus) and blinded to the experimental groups (control versus chronic stress). Serial optical sections (zstacks) were acquired with a 40x oil immersion objective for morphological studies. Isolated neurons with non-overlapping dendritic trees were chosen, and z-series of the same neuron were stitched together using FV10-ASW 4.2 Viewer software (Olympus). Neuronal arbor reconstruction and analysis were carried out using the Simple Neurite Tracer plugin in ImageJ software. No correction was applied for tissue shrinkage during fixation.

147 2.5. Electrophysiology Slice Recordings

148 Whole-cell patch clamp recordings were used to measure synaptic currents and intrinsic 149 properties in striatal and cortical neurons. Acute slices from control and chronic stressed mice 150 were used for all experiments. Animals were deeply anaesthetized with avertin (tribromoethanol; 151 20 mg/mL; Sigma-Aldrich) with a dose of 0.5 mg/g body weight by intraperitoneal injection and 152 subsequently checked for lack of paw withdrawal reflexes before being transcardially perfused 153 with 15-20 mL of carbogenated N-methyl-D-glucamine (NMDG)-based artificial cerebrospinal 154 fluid (aCSF) solution (mM): 92 NMDG, 2.5 KCl, 1.2 NaH₂PO₄, 30 NaHCO₃, 20 HEPES, 25 155 glucose, 5 sodium ascorbate, 2 thiourea, 3 sodium pyruvate, 10 MgSO₄,7H₂O, and 0.5 156 CaCl_{2.2}H₂O, (7.2-7.4 pH and 300-310 mOsm/L). After decapitation, brains were rapidly removed 157 and placed in the same carbogenated NMDG solution for slice preparation. A Vibratome VT1000S 158 (Leica Microsystems) was used to prepare 300-µm-thick striatum coronal slices. Slices were then 159 incubated at 32-34 °C for 11 min in carbogenated NMDG solution and transferred to a holding 160 chamber (Brain Slice Keeper 4-Quad, Automate Scientific Inc.) filled with carbogenated aCSF 161 solution (mM): 119 NaCl, 2.5 KCl, 1.2 NaH₂PO₄, 24 NaHCO₃, 12.5 glucose, 2 MgSO₄.7H₂O and 162 2 CaCl₂.2H₂O (7.2-7.4 pH and 300-310 mOsm/L). Slices were allowed to recover at least 1hr at 163 RT before recordings. Recordings were made at RT (22 -25°C) and carbogenated aCSF was 164 perfused at approximately 3 mL/min. Patch pipettes were pulled from borosilicate glass with 165 filament (GB150F-8P, Science Products) on a P1000 horizontal puller (Sutter Instruments) with a 166 typical resistance of 2-5 M Ω when backfilled with the internal solution. For current-clamp 167 recordings of intrinsic properties, patch pipettes were filled with KGlu internal solution containing 168 (in mM): 131 potassium gluconate, 17.5 KCl, 9 NaCl, 1 MgCl₂.6H₂O, 10 HEPES, 1.1 EGTA, 2 169 MgATP and 0.2 NaGTP (pH adjusted to 7.3 with KOH and osmolarity adjusted to 300 mOsm/L 170 with sucrose). For voltage-clamp recordings of miniature inhibitory postsynaptic currents

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(mIPSCs), patch pipettes were filled with CsCl internal solution containing (in mM): 103 CsCl, 12 171 172 CsOH, 12 methanesulfonic acid, 5 TEA-CI, 10 HEPES, 4 MgATP, 0.3 NaGTP, 10 173 phosphocreatine, 0.5 EGTA, 5 lidocaine N-ethylchloride, and 4 NaCL (pH adjusted to 7.3 with 174 KOH and osmolarity adjusted to 300 mOsm/L with K₂SO₄). During mIPSC recordings, slices were perfused with carbogenated aCSF in the presence of 50µM DL-AP5 (dl-2-amino-5-175 176 phosphonovaleric acid. Tocris), 10µM NBQX (2,3-Dioxo-6-nitro-1,2,3,4-177 tetrahydrobenzo[f]quinoxaline-7-sulfonamide, Tocris) and 1µM tetrodotoxin (Tocris). For 178 miniature excitatory postsynaptic currents (mEPSC) recordings, patch pipettes were filled with a 179 CsGlu internal solution containing (in mM): 110 CsOH, 110 D-gluconic acid, 15 KCl, 4 NaCl, 5 TEA-CI, 20 HEPES, 0.2 EGTA, 5 lidocaine N-ethylchloride, 4 MgATP, and 0.3 NaGTP (pH 180 181 adjusted to 7.3 with KOH and osmolarity adjusted to 300 mOsm/L with K₂SO₄). During mEPSC 182 recordings, slices were perfused with carbogenated aCSF in the presence of 100µM picrotoxin 183 (Tocris) and 1µM tetrodotoxin (Tocris). Both mIPSC and mEPSC recordings were performed at 184 -70mV holding potential. Intrinsic properties were obtained from a series of hyperpolarizing and 185 depolarizing current and voltage step injections. Input resistance was calculated with a -100 pA 186 hyperpolarizing step from the resting membrane potential, as well as from a linear fit to a voltage-187 current plot. To measure the overall charge transfer across the membrane, the synaptic drive was 188 calculated for each recorded neuron by multiplying the mPSC average frequency by the mPSC 189 average amplitude. Whole-cell patch-clamp recordings were obtained after seal rupture and 190 internal equilibrium, under a BX-51WI microscope (Olympus) equipped with fluorescence and 191 infrared differential interference contrast (IR-DIC). Data were acquired using a Digidata 1440A 192 and a MultiClamp 700B amplifier (Molecular Devices, USA). The signals for voltage-clamp 193 recordings were low-pass filtered at 2 kHz and digitized at 10 kHz. For current-clamp recordings, 194 the bridge balance was adjusted, and the theoretical liquid junction potential was not corrected. 195 In all recordings, D1-MSNs, D2-MSNs, and PV interneurons were identified based on native 196 fluorescence and pyramidal cells were identified based on their morphology. Only cells with 197 series-resistance values <25M Ω were recorded. Intrinsic properties, mIPSC, and mEPSC were 198 analysed using pClamp (Clampfit; Axon Instruments) and Minianalysis software (Synaptosoft).

199 2.6. Statistical Analysis

All statistical analyses were performed using Prism (GraphPad Software Inc.). Data are expressed as mean ± SEM. Significance was determined at the level of p < 0.05. Non-normal distributions were considered for all the data sets, regardless of variance and sample size. Pairwise comparisons were performed using a Mann-Whitney test for unpaired data and Wilcoxon signed-rank test for paired data comparisons. Further details on particular analyses are shown in Sup.Table 1.

206 3. RESULTS

207

3.1. Chronic Stress Causes Morphological Changes in Striatal Neurons from the Direct Pathway Only

210 Striatal neurons comprise two major opposing cellular populations of medium spiny neurons 211 (MSNs): D1 direct- and D2 indirect-pathway MSNs, that respectively promote and suppress motor 212 actions (Gerfen and Surmeier, 2011; Kreitzer and Malenka, 2008). It has been shown that chronic 213 stress increases the overall firing activity of MSNs (Friedman et al., 2017; Rodrigues et al., 2022). 214 However, it is still unknown whether stress impacts differentially the two opposing MSN pathways. 215 Here, we start by asking whether CS could be differently affecting D1 and D2 neurons and 216 whether an effect could be observed at the morphological level. However, because D1 and D2 217 neurons are indistinguishable in terms of gross morphology, we had to use Drd1a-tdTomato 218 transgenic mice and then apply a viral-based strategy previously developed by us to sparsely 219 label cells with eGFP through retro-orbital injections of AVV.eGFP (Zhang et al., 2016). Such 220 fluorescent labelling strategy allows colocalization between the eGFP signal (from the virus) and 221 the tdTomato signal present in D1 neurons from Drd1a-tdTomato mice. Using this sparse labelling 222 viral approach, we found that stressed mice exhibited morphological changes in D1-MSNs (Figure 223 1a; p=0.0115; Sup.Table1) but no significant changes in neighbouring putative D2-MSNs (eGFP-224 positive but tdTomato-negative MSNs), from the same region in the same mice (Figure 1b; 225 p=0.2052; Sup.Table1). These morphological changes in D1-MSNs, suggest that exposure to CS 226 preferentially impacts striatal neurons from the direct pathway.

227 **3.2. Excitatory Synaptic Transmission is Increased onto Direct Pathway Neurons Only**

228 To further investigate whether the morphological changes observed in striatal neurons from the 229 direct pathway were mirrored by functional changes, we performed whole-cell patch-clamp 230 recordings of synaptic currents. Again, because the striatum contains two major opposing cellular 231 populations of neurons (D1 direct- and D2 indirect-pathway MSNs (Kreitzer and Malenka, 2008)), 232 we used transgenic mouse lines to achieve cell-type specific fluorescent labelling of both MSN 233 populations (Figure S1). In line with our previous morphological observation of stress impact over 234 D1-MSNs, miniature excitatory postsynaptic currents (mEPSC) recorded from striatal D1-MSNs 235 (Figure 2a-f) revealed increased frequency (Ctrl 1.902 ± 0.290, CS 3.110 ± 0.284; p=0.0076) 236 (Figure 2b) and increased excitatory synaptic drive (Ctrl 24.658 \pm 3.934, CS 44.676 \pm 5.785; 237 p=0.0100) (Figure 2f) in stressed mice. In contrast, mEPSC recorded from striatal D2-MSNs did 238 not significantly differ between stressed mice and littermate controls (Figure 2g-I and Sup.Table1). 239 Taken together, these findings indicate that CS has circuit-selective effects in the striatum, 240 specifically increasing excitatory synaptic transmission over D1 direct-pathways neurons while 241 sparing D2 indirect-pathway neurons.

242 3.3. Inhibitory Synaptic Transmission is Reduced onto Direct Pathway Neurons Only

Given the increased excitatory transmission detected after CS, we next asked whether a proportional increase could also be observed in inhibitory transmission as a compensatory mechanism to normalize the final E/I ratio (excitatory/inhibitory ratio), thus maintaining homeostasis. To answer this question, we recorded whole-cell miniature inhibitory postsynaptic currents (mIPSC) from D1- and D2-MSNs (Figure 3a, g). Compared to control littermates, 248 stressed mice exhibited decreased mIPSC amplitude in D1-MSNs (Ctrl 29.833 ± 2.601, CS 249 23.089 ± 1.315; p=0.0369) (Figure 3c), without frequency changes (Ctrl 0.565 ± 0.075, CS 0.455 250 \pm 0.037; p=0.2180) (Figure 3b). Furthermore, stressed mice also presented a clear trend for a 251 reduced inhibitory synaptic drive in D1-MSNs (Ctrl 17.047 ± 2.855, CS 10.444 ± 1.000; p=0.0509) 252 (Figure 3f). In terms of mIPSC kinetics, D1-MSNs displayed faster mIPSC decay in stressed mice 253 (Ctrl 9.036 \pm 0.205, CS 8.063 \pm 0.349; p=0.0262) (Figure 3d), without differences in rise time (Ctrl 254 2.545 ± 0.167, CS 2.519 ± 0.084; p=0.8945) (Figure 3e). Once again, no significant changes were 255 detected in D2-MSNs from stressed mice (Figure 3g-I and Sup.Table1). These findings, together 256 with our previous data, suggest that CS has profound differential effects over striatum pathways, 257 potentiating the direct pathway by increasing excitation as well as reducing inhibition over striatal 258 D1-MSNs.

259 3.4. Chronic Stress Reduces Excitatory Drive onto Striatal PV Interneurons

260 Disruption of local connectivity between PV interneurons and striatal MSNs has been previously 261 suggested in OCD, TS, and dystonia (Burguière et al., 2015; Gernert et al., 2000; Kalanithi et al., 262 2005; Monteiro and Feng, 2016a; Xu et al., 2016). Interestingly, striatal PV interneurons are more 263 likely to target the D1 direct pathway neurons rather than D2 indirect pathway neurons, making 264 feedforward inhibition a more prominent feature of the direct pathway (Gittis et al., 2010). 265 Therefore, this raises the possibility that excitatory synaptic drive over PV interneurons could also 266 be affected by CS exposure. In fact, recent work has suggested that CS could be "disconnecting" 267 striatal PV interneurons from excitatory cortical input (indirectly weakening their inhibitory control over MSNs) (Friedman et al., 2017). To test this hypothesis, we recorded AMPA-mediated 268 269 excitatory transmission directly from PV interneurons using targeted whole-cell recordings in 270 control and stressed Pvalb-tdTomato mice (Figure 4a-f). Compared to controls, PV interneurons 271 from stressed mice exhibited a remarkable decrease in mEPSC amplitude (Ctrl 16.381 ± 0.479, 272 CS 14.439 \pm 0.446; p=0.0080) (Figure 4c) and a trend for reduced frequency (Ctrl 10.316 \pm 0.580, 273 CS 8.571 \pm 0.791; p=0.1012) (Figure 4b), confirming the hypothesis of weakened excitatory drive 274 after CS exposure (Ctrl 169.435 ± 11.191, CS 124.439 ± 12.124; p=0.0143) (Figure 4f). mEPSC 275 recorded from PV interneurons in stressed mice also displayed slower decay kinetics (Ctrl 1.562 276 \pm 0.040, CS 2.142 \pm 0.214; p=0.0234) (Figure 4d), with no changes in rise time (Ctrl 0.601 \pm 277 0.018, CS 0.651 \pm 0.018; p=0.0660) (Figure 4e). To further understand whether such synaptic 278 changes were accompanied by changes in intrinsic excitability, we also recorded active and 279 passive membrane properties from striatal PV interneurons after CS (Figure 5). Results revealed 280 that PV interneurons from stressed mice displayed more hyperpolarized resting membrane 281 potential (Ctrl -74.891 ± 1.130, CS -78.091 ± 0.929; p=0.0416) (Figure 5f), a mechanism by which 282 CS could be further decreasing PV inhibitory efficiency over D1-MSNs. Intrinsic properties 283 recorded from D1-MSNs revealed no differences between control and stressed mice (Figure S2). 284 Altogether, our data support the hypothesis that CS selectively promotes the activation of the 285 striatal direct pathway by further releasing D1-MSNs from the inhibitory control of local PV 286 interneurons.

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3.5. Chronic Stress Alters Glutamatergic Synaptic Transmission in Layer 5/6 of Infralimbic and Prelimbic Cortices

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290 The dorsomedial striatum (DMS) receives broad afferent excitatory inputs from the medial pre-291 frontal cortex (mPFC), a circuit that is critical for motor and action planning (Pennartz et al., 2009) 292 and that seems to be impaired in stress-related disorders (Friedman et al., 2017; Nagarajan et 293 al., 2018; Welch et al., 2007). To test whether the increased excitatory synaptic transmission 294 observed in our recordings could arise from a dysfunctional cortical circuitry, we recorded mEPSC 295 from the IL and PL subregions of mPFC that project to DMS. Since mPFC is a layer-organized 296 structure, and prefrontal neurons project to the striatum in a layer-based distribution (Gabbott et 297 al., 2005; Hunnicutt et al., 2016; Kim et al., 2017; Kupferschmidt et al., 2017; Murugan et al., 298 2017; Otis et al., 2017), we collected whole-cell recordings from layer 2/3 (L2/3) and layer 5/6 299 (L5/6) pyramidal neurons, the only output layers of mPFC. Results revealed that CS had a 300 tremendous impact on excitatory synaptic transmission specifically on L5/6 pyramidal neurons in 301 the PL and IL cortices (Figure 6) without affecting the L2/3 pyramidal neurons (Figure S3). 302 Compared to control animals, L5/6 pyramidal cells from stressed mice exhibited a remarkable 303 increase in mEPSC frequencies (PL: Ctrl 1.182 ± 0.130, CS 2.020 ± 0.306, p=0.0250; IL: Ctrl 304 0.503 ± 0.066, CS 1.163 ± 0.106, p<0.0001) (Figure 6b, g) and amplitudes (PL: Ctrl 11.124 ± 0.396, CS 12.848 \pm 0.686; p=0.0470; IL: Ctrl 10.043 \pm 0.344, CS 11.921 \pm 0.465, p=0.0033) 305 306 (Figure 6c, h) in both PL and IL subregions. These alterations were accompanied by slower 307 mEPSC decay kinetics (PL: Ctrl 4.632 ± 0.427, CS 5.718 ± 0.173, p=0.0348; IL: Ctrl 4.542 ± 308 0.297, CS 5.686 ± 0.157; p=0.0024) (Figure 6d, i) with no change in rise times (PL: Ctrl 1.408 ± 309 0.045, CS 1.521 ± 0.080, p=0.2465; IL: Ctrl 1.424 ± 0.047, CS 1.584 ± 0.064, p=0.0583) (Figure 310 6e, j). Additionally, L2/3 pyramidal cells from stressed mice presented a left-shifted curve of 311 mEPSC amplitude (PL p<0.0001; IL p=0.0035) (Figure S3c,h; right panel) indicative of 312 predominantly lower amplitude excitatory events in both subregions, and a right-shifted curve of mEPSC interevent intervals (p<0.0001) (lower frequency) only in the PL cortex (Figure S3b; right 313 314 panel). Moreover, a clear tendency towards decreased mEPSC amplitude (Ctrl 12.337 ± 0.848, 315 CS 10.457 \pm 0.343; p=0.0690) (Figure S3h; left panel) and frequency averages (Ctrl 3.334 \pm 316 0.334; CS 2.523 ± 0.274; p=0.0764) (Figure S3b; left panel), was observed in L2/3 of the IL and 317 PL, respectively. Reduced mEPSC decay kinetics (Ctrl 7.497 ± 0.200, CS 6.578 ± 0.341; 318 p=0.0346) and rise times (Ctrl 1.999 ± 0.105, CS 1.564 ± 0.084; p=0.0051) were observed only 319 in L2/3 pyramidal neurons from the IL subregion (Figure S3i-j, d-e). Hence, our data demonstrate 320 that CS has a tremendous impact on IL and PL cortices, increasing excitatory synaptic 321 transmission onto L5/6 pyramidal cells in both cortical subregions. These observations may 322 provide a mechanistic explanation for the increased glutamatergic excitatory inputs observed in 323 striatal D1-MSNs after CS exposure.

Given that the activity of cortical pyramidal neurons is shaped by cortical PV interneurons 324 325 (Markram et al., 2004; Sparta et al., 2014), we further asked whether glutamatergic synaptic 326 transmission over cortical PV interneurons could also be impaired after CS. Accordingly, mEPSC 327 recordings were obtained from PV interneurons in L5/6 of the PL and IL subregions (Figure 7a, 328 f). Surprisingly, our recordings revealed an opposite effect of CS between these two subregions. 329 While PV interneurons from the PL region displayed enhanced mEPSC frequencies (Ctrl 3.330 ± 330 0.424, CS 5.856 ± 0.687; p=0.0053) (Figure 7b) with reduced amplitude (Ctrl 18.717 ± 1.069, CS 331 15.093 ± 0.897; p=0.0171) (Figure 7c), PV interneurons from the IL cortex presented a remarkable reduction in mEPSC frequency (Ctrl 4.116 \pm 0.525, CS 2.325 \pm 0.304; p=0.0077) (Figure 7g), 332 333 slower mEPSC decay kinetics (Ctrl 2.060 \pm 0.056; CS 2.935 \pm 0.195, p=0.0006) (Figure 7i), and 334 reduced rise time (Ctrl 0.768 \pm 0.022, CS 0.692 \pm 0.023; p=0.0287) (Figure 7j), in stressed mice.

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Altogether, our data collectively suggests that CS selectively promotes activation of the striatal direct pathway by several possible parallel mechanisms: enhanced mPFC excitatory transmission, cortical "disconnection" from striatal PV interneurons, and increased excitation together with reduced inhibition over D1-MSNs, ultimately potentiating the recruitment of striatal direct pathway. Given that the direct pathway promotes the execution of motor actions, such pathological strengthening of the direct pathway may justify the emergence of motor symptoms observed in stress-related disorders.

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343 4. DISCUSSION

344 Despite the clear involvement of dorsomedial striatum circuits in stress-related disorders (Beyer 345 et al., 2004; Hansen et al., 2002; Krishnan et al., 1992), the cell-specific alterations that occur 346 after CS exposure are still poorly understood. Our study reveals important evidence suggesting 347 that CS leads to a hyperactivation of the direct pathway by increasing excitatory synaptic 348 transmission onto D1-MSNs and releasing them from the inhibitory influence of PV interneurons. 349 Reduced striatal inhibition has been recently observed in CS and is hypothesized to emerge from 350 dampened cortical excitation over striatal PV interneurons (Friedman et al., 2017). Our present 351 data lend further support to this hypothesis by experimentally demonstrating that PV interneurons 352 from stressed mice indeed receive weaker synaptic excitation after CS. Moreover, CS deeply 353 remodels brain circuits in the IL and PL cortices, two prefrontal regions that strongly project to the 354 dorsomedial striatum (Groenewegen et al., 1990; McGeorge et al., 1993; McGeorge and Faull, 355 1989). Our results specifically show that CS selectively impairs glutamatergic synaptic 356 transmission onto pyramidal neurons and PV interneurons from layer 5/6, of both PL and IL, 357 without affecting cortical neurons from layer 2/3. The layer selective effects of CS identified here 358 are particularly interesting given what has been described in the literature: glutamatergic 359 projections from cortical to striatal neurons arise mainly from pyramidal cells located on layer 5 360 (Jones et al., 1977; Kemp and Powell, 1970; Kitai et al., 1976; McGeorge and Faull, 1989; Oka, 361 1980; Royce, 1982; Tanaka, 1987; Veening et al., 1980), buttressing the idea of impaired 362 prefrontal corticostriatal connectivity as a brain signature of stress exposure. Moreover, our 363 morphological data revealed that D1-MSNs from stressed mice seem to have a more complex 364 dendritic arborization (more intersections) from 140 to 260 µM from the soma (distal region of the 365 dendrites), the primary site that receives glutamatergic projections from cortical structures (David 366 Smith and Paul Bolam, 1990). However, it should be noted that PL and IL cortices project to 367 several other brain regions apart from the striatum (Anastasiades and Carter, 2021). Furthermore, 368 striatal neurons receive glutamatergic inputs not exclusively from the prefrontal cortex but also 369 from the thalamus (Kreitzer and Malenka, 2008). Therefore, we cannot fully conclude that the 370 reported alterations in glutamatergic synaptic transmission onto cortical neurons are the root of 371 the striatal impairments. Rather, the increased glutamatergic transmission observed in D1-MSNs 372 from CS mice can also arise from impaired thalamostriatal connectivity.

Although both PL and IL cortical circuits display clear functional defects after CS, the impact on the IL seems more pronounced when compared to the PL. Specifically, an increase in glutamatergic synaptic transmission onto pyramidal neurons, accompanied by a decrease of excitatory transmission onto PV interneurons, is robustly observed in the IL subregion, versus a moderate increase of excitatory inputs observed in the PL subregion for both neuronal types. Altogether, these results point to an overall robust overactivation of the IL. Noteworthy, the mPFC subregions studied here play opposite roles in controlling goal-directed and habitual actions: while 380 PL controls goal-directed behaviour, IL supports the formation of habits (Amaya and Smith, 2018; 381 Smith and Laiks, 2018). Concordantly, chronically stressed rodents tend to rely on habitual 382 behavioural strategies (Dias-Ferreira et al., 2009; Friedman et al., 2017), seemingly corroborating 383 our findings of robust overactivation of IL circuits under stress (Anastasiades and Carter, 384 2021)(Kreitzer and Malenka, 2008). The selectivity of the D1 direct pathway circuit alterations we 385 report here are also particularly relevant given what is known about striatum microcircuitry: PV 386 interneurons innervate more D1 than D2 neurons (Gittis et al., 2010). This makes feedforward 387 inhibition a more prominent feature of the D1 direct pathway (Gittis et al., 2010). Besides receiving 388 more inhibitory projections from striatal PV interneurons, D1-MSNs are also more likely to receive 389 glutamatergic inputs from the cortex, due to their extensive dendritic arbor (Gertler et al., 2008). 390 Compared to D2-MSNs, D1 neurons have on average two more primary dendrites and are 391 therefore estimated to be capable of receiving roughly 50% more glutamatergic inputs (Gertler et 392 al., 2008). Thus, D1-MSNs are likely more vulnerable to pathological effects that arise from 393 dysregulation of PV and cortical neurons. Accordingly, we observed stress-induced alterations in 394 cortical neurons and striatal PV interneurons, as well as alterations in D1-MSNs only.

395 Altogether, we show that CS remodels cortical activity which may be responsible for triggering 396 imbalanced levels of excitatory and inhibitory synaptic transmission in striatal circuits, culminating 397 in increased excitation and reduced inhibition over direct pathway neurons only. We also show 398 that CS not only decreases excitatory drive over striatal PV interneurons but also reduces PV 399 excitability by hyperpolarizing their resting membrane potential, thus contributing to pathological 400 disinhibition/hyperactivation of the striatal direct pathway. Notably, hyperactivation of the direct 401 pathways has been previously hypothesized in OCD and Tourette syndrome (Ahmari et al., 2013; 402 Burguière et al., 2015; Kalanithi et al., 2005; Monteiro and Feng, 2016b; Wang et al., 2009; Xu et 403 al., 2016). Our observation of stress-induced direct pathway hyperactivation can thus provide a 404 possible mechanistic explanation for stress-triggered OCD and potentially other relevant stress-405 induced disorders.

In summary, our data is well aligned with the general framework of striatum D1 motor function and with our previous work showing that stressed mice display increased motor locomotion (Rodrigues et al., 2022). We suggest a model where CS alters the excitatory synaptic drive of striatal neurons and releases the striatum from the inhibitory influence of PV interneurons, leading to hyperactivation of the D1 direct pathway of basal ganglia, causing long-lasting behavioural and physiological changes.

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413 Acknowledgements:

414 We thank all lab members for their support and helpful discussions. Research in the Monteiro 415 laboratory was funded by The Branco Weiss fellowship Society in Science, FEBS (Federation of 416 European Biochemical Societies) Excellence Awards 2021, the European Molecular Biology 417 Organization (EMBO) Long-Term Fellowship (ALTF 89–2016), and Fundação para a Ciência e a 418 Tecnologia (FCT, Portugal) projects: 2022.05228.PTDC, PTDC/MED-NEU/28073/2017 (POCI-419 01-0145-FEDER- 028073), 2021.01032.CEECIND. D.R. was supported by a doctoral fellowship 420 (PD/BD/127823/2016) from FCT as part of the Inter-University Doctoral Programme in Ageing 421 and Chronic Disease (PhDOC).

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423 **Conflict of Interest Statement:** The authors declare that they have no conflict of interest.

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425 Data availability statement: The data supporting this study's findings are available on request426 from the corresponding author.

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Figure 1. Chronic stress impacts the dendritic morphology of striatal D1 but not D2 neurons.

(a) Morphometric analysis of Drd1a-tdTomato positive cells in the dorsomedial striatum (DMS) region of Drd1a-tdTomato transgenic mice from control (Ctrl; grey) and chronic stress (CS; red) mice. Representative images of neurons from control and stressed animals are shown on the left. Right panels show the number of dendritic branches (arbor complexity) correlated with distance from the cell body (soma). Drd1a-tdTomato positive cells Ctrl n=21, CS n=18.

675 (b) Morphometric analysis of Drd1a-tdTomato negative cells (right) in the DMS of Drd1a-tdTomato 676 transgenic mice from control (Ctrl; grey) and chronic stress (CS; green) mice. Representative 677 images of neurons from control and stressed animals are shown on the left. Right panels show 678 the number of dendritic branches (arbor complexity) correlated with distance from the cell body 679 (soma). Drd1a-tdTomato negative cells n = 14 Ctrl and n = 14 CS.

- 680 Shaded error bars represent SEM. All data from 4 control and 4 stressed mice; Two-way ANOVA 681 with multiple comparisons. Statistical details are shown in Sup.Table 1.
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Figure 2. Chronic stress increases excitatory synaptic transmission onto D1 but not D2 neurons.

- (a) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from
 fluorescently labeled D1-MSNs in dorsomedial striatum region (DMS) of control (Ctrl; grey) and
 stressed (CS; red) mice.
- (b) Summary bar graphs (Ctrl n = 14 and CS n = 17 cells; **p=0072) and cumulative probability curves (30 events per cell; ****p<0.0001) show increased mEPSC frequency in D1-MSNs from stressed mice.
- 691 (c) Summary bar graphs (Ctrl n = 14 and CS n = 17 cells) and cumulative probability curves (30 692 events per cell) show similar mEPSC amplitude in D1-MSNs from stressed mice.
- 693 (d,e) Summary bar graphs (Ctrl n = 14 and CS n = 17 cells) show no significant differences in the 694 kinetics of mEPSC recorded from D1-MSNs in stressed mice.
- 695 (f) Summary bar graphs (Ctrl n = 14 and CS n = 17 cells; **p=0.01) show increased excitatory 696 synaptic drive, defined as mEPSC frequency x mEPSC amplitude per individual neuron, in D1-697 MSNs from stressed mice.
- 698 (g) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from 699 fluorescently labeled D2-MSNs in the DMS of control (Ctrl; grey) and stressed (CS; green) mice. 700 (h) Summary bar graphs (Ctrl n = 19 and CS n = 20 cells) and cumulative probability curves (20
- 701 events per cell) show similar mEPSC frequency in D2-MSNs from stressed mice.
- (i) Summary bar graphs (Ctrl n = 19 and CS n = 20 cells) and cumulative probability curves (20 events per cell) show similar mEPSC amplitude in D2-MSNs from stressed mice.
- 704 (j,k) Summary bar graphs (Ctrl n = 19 and CS n = 20 cells) show no significant differences in the 705 kinetics of mEPSC recorded from D2-MSNs in stressed mice.
- (I) Summary bar graphs (Ctrl n = 19 and CS n = 20 cells) show no alterations on the excitatory synaptic drive, defined as mEPSC frequency x mEPSC amplitude per individual neuron, in D2-MSNs of stressed mice.
- All bar graphs are mean ± SEM; Two-sided Welch's unpaired t-test (b-f, h-l), and Kolmogorov Smirnov test (b-c curves, h-l curves). Statistical details are shown in Sup.Table 1.
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Figure 3. Chronic stress decreases inhibitory synaptic transmission in D1 neurons.

- (a) Example traces of miniature inhibitory postsynaptic currents (mIPSC) recorded from tdTomato
- 715 labeled D1-MSNs in dorsomedial striatum region (DMS) of control (Ctrl; grey) and stressed (CS;
 716 red) mice.
- (b) Summary bar graphs (Ctrl n = 14 and CS n = 15 cells) and cumulative probability curves (10 events per cell) show similar mIPSC frequency in D1-MSNs from stressed mice.
- (c) Summary bar graphs (Ctrl n = 14 and CS n = 15 cells; *p=0.0369) and cumulative probability curves (10 events per cell; *p=0.0456) show reduced mIPSC amplitude in D1-MSNs from stressed mice.

- 722 (d,e) Summary bar graphs (Ctrl=14 and CS n=15 cells) show a decrease in mIPSC decay kinetics 723 (*p=0.0262) and no significant differences in rise time (RT) in D1-MSNs from stressed mice.
- (f) Summary bar graphs (Ctrl n=14 and CS n=15 cells) show a clear tendency towards decreased
- inhibitory synaptic drive, defined as mIPSC frequency x mIPSC amplitude per individual neuron,
 in D1-MSNs from stressed mice.
- (g) Example traces of miniature inhibitory postsynaptic currents (mIPSC) recorded from GFP
 labeled D2-MSNs in the DMS of control (Ctrl; grey) and stressed (CS; green) mice.
- (h) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells) and cumulative probability curves (10 events per cell) show similar mIPSC frequency in D2-MSNs from stressed mice.
- (i) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells) and cumulative probability curves (10 events per cell) show similar mIPSC amplitude in D2-MSNs from stressed mice.
- (j,k) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells) show no significant differences in the kinetics of mIPSC recorded from D2-MSNs in stressed mice.
- (I) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells) show no differences in inhibitory synaptic drive, defined as mIPSC frequency x mIPSC amplitude per individual neuron, in D2-MSNs from stressed mice.
- All bar graphs are mean ± SEM; Two-sided Welch's unpaired t-test (b-f, h-l), and Kolmogorov-Smirnov test (b-c curves, h-l curves). Statistical details are shown in Sup.Table 1.
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Figure 4. Chronic stress decreases excitatory synaptic transmission strength onto striatal PV interneurons.

- (a) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from
 tdTomato labelled parvalbumin (PV) interneurons in dorsomedial striatum region (DMS) of control
 (Ctrl; grey) and stressed (CS; purple) mice.
- (b) Summary bar graphs (Ctrl n = 18 and CS n = 12 cells) and cumulative probability curves (50 events per cell) show a clear tendency towards decreased mEPSC frequency in PV interneurons from stressed mice.
- (c) Summary bar graphs (Ctrl n = 18 and CS n = 12 cells; **p=0.0080) and cumulative probability curves (50 events per cell; ****p<0.0001) show reduced mEPSC amplitude in PV interneurons from stressed mice.
- (d,e) Summary bar graphs (Ctrl n = 18 and CS n = 12 cells) show a significantly slower mEPSC decay kinetics (*p=0.0234) and no differences in rise time (RT; p=0.6009) in PV interneurons from
- 755 stressed mice.
- (f) Summary bar graphs (Ctrl n = 18 and CS n = 12 cells; *p=0.0143) show a decreased excitatory
- synaptic drive, defined as mEPSC frequency x mEPSC amplitude per individual interneuron, in
 PV cells from stressed mice.
- All bar graphs are mean ± SEM Two-sided Welch's unpaired t-test (b-f), and Kolmogorov-Smirnov
- test (b-c curves). Statistical details are shown in Sup. Table 1.

Figure 5. PV interneurons have more hyperpolarized resting membrane potential after CS.

(a) Representative current-clamp recordings from tdTomato labeled PV interneurons in the DMS
 of control (Ctrl; grey) and chronic stress (CS; purple) mice.

(b) Resting membrane potential (Ctrl n = 19 and CS n = 15 cells; *p=0.0416) is significantly more hyperpolarized in PV interneurons from stressed mice.

(c) Membrane capacitance (Ctrl n = 19 and CS n = 15 cells) is not significantly altered in PV interneurons from stressed mice.

769 (d) Rheobase current (Ctrl n = 19 and CS n = 15 cells) is not significantly altered in PV interneurons 770 from stressed mice.

(e) Membrane resistance (Ctrl n = 19 and CS n = 15 cells) showed no significant alterations in PV interneurons from stressed mice.

(f) Input resistance (Ctrl n = 19 and CS n = 15 cells) is not significantly different in PV interneurons from stressed mice.

(g) Maximum action potential (AP) firing (Ctrl n = 19 and CS n = 15 cells) is not significantly altered in PV interneurons from stressed mice.

- (h) Action potential firing frequency (Hz) plotted as a function of injected current steps (Ctrl n = 19and CS n = 15 cells).
- (i) Current-voltage plots (Ctrl n = 19 and CS n = 15 cells) recorded from PV interneurons showed no differences in stressed mice.

All bar graphs are mean ± SEM; Two-sided Welch's unpaired t-test (b-g), and two-way repeated measures ANOVA (h-i). Statistical details are shown in Sup.Table 1.

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Figure 6. Chronic stress increases excitatory synaptic transmission onto pyramidal cells from L5/6 of prelimbic and infralimbic cortices.

(a) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from layer
5/6 (L5/6) pyramidal neurons (PN) in the prelimbic (PL) subregion, in control (Ctrl; grey) and
stressed (CS; blue) mice.

(b) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells; *p=0.0250) and cumulative probability curves (20 events per cell; ****p<0.0001) show increased mEPSC frequency in L5/6 pyramidal neurons in the PL of stressed mice.

(c) Summary bar graphs (Ctrl n = 15 and CS n = 15 cells; *p=0.0470) and cumulative probability curves (20 events per cell; ****p<0.0001) show enhanced mEPSC amplitude in L5/6 pyramidal neurons in the PL of stressed mice.

796 (d,e) Summary bar graphs (Ctrl n=15 and CS n=15 cells; *p=0.0348) show slower mEPSC decay 797 kinetics and no significant differences in the rise time (RT) in L5/6 pyramidal neurons in the PL 798 from stressed mice.

(f) Example traces of mEPSC recorded from L5/6 pyramidal neurons in the infralimbic (IL)
 subregion, in control (Ctrl; grey) and stressed (CS; blue) mice.

801 (g) Summary bar graphs (Ctrl n = 20 and CS n = 19 cells; ****p < 0.0001) and cumulative probability 802 curves (8 events per cell; ****p < 0.0001) show remarkably increased mEPSC frequency in L5/6 803 pyramidal neurons in the IL from stressed mice.

804 (h) Summary bar graphs (Ctrl n = 20 and CS n = 19 cells; **p=0.0033) and cumulative probability 805 curves (8 events per cell; ****p<0.0001) show increased mEPSC amplitude in L5/6 pyramidal 806 neurons in the IL from stressed mice.

807 (i,j) Summary bar graphs (Ctrl n = 20 and CS n = 19 cells) show slower mEPSC decay kinetics

808 (**p=0.0024) and a clear tendency towards increased rise time (RT; p=0.0583) in L5/6 pyramidal 809 neurons in the IL from stressed mice.

- All bar graphs are mean ± SEM; Two-sided Welch's unpaired t-test (b-e, g-j), and Kolmogorov-
- 811 Smirnov test (b-c curves, g-h curves). Statistical details are shown in Sup. Table 1.

Figure 7. Chronic stress differentially impacts excitatory synaptic transmission onto PV interneurons in L5/6 of prelimbic and infralimbic cortices.

(a) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from
 tdTomato labelled parvalbumin (PV) interneurons from layer 5/6 (L5/6) in the prelimbic (PL)
 subregion, in control (Ctrl; grey) and stressed (CS; purple) mice.

(b) Summary bar graphs (Ctrl n = 17 and CS n = 17 cells; **p=0.0053) and cumulative probability curves (40 events per cell; ****p<0.0001) show enhanced mEPSC frequency in L5/6 PV interneurons in the PL from stressed mice.

820 (c) Summary bar graphs (Ctrl n = 17 and CS n = 17 cells; *p=0.00171) and cumulative probability 821 curves (40 events per cell; ****p<0.0001) show decreased mEPSC amplitude in L5/6 PV 822 interneurons in the PL from stressed mice.

823 (d,e) Summary bar graphs (Ctrl n = 17 and CS n = 17 cells) show similar mEPSC decay kinetics 824 and rise time (RT) in L5/6 PV interneurons in the PL from stressed mice.

(f) Example traces of miniature excitatory postsynaptic currents (mEPSC) recorded from
 tdTomato labelled PV interneurons from L5/6 in the infralimbic (IL) subregion, in control (Ctrl;
 grey) and stressed (CS; purple) mice.

828 (g) Summary bar graphs (Ctrl n = 19 and CS n = 16 cells; **p=0.0077) and cumulative probability 829 curves (15 events per cell; **p=0.0011) show decreased mEPSC frequency in L5/6 PV 830 interneurons in the IL from stressed mice.

831 (h) Summary bar graphs (Ctrl n = 19 and CS n = 16 cells) and cumulative probability curves (15 832 events per cell) show no significant differences in mEPSC amplitude in L5/6 PV interneurons in 833 the IL from stressed mice.

834 (i,j) Summary bar graphs (Ctrl n = 19 and CS n = 16 cells) show slower mEPSC decay kinetics

835 (***p=0.0006) and reduced rise time (RT; *p=0.0287) in L5/6 PV interneurons from the IL in stressed mice.

All bar graphs are mean ± SEM; Two-sided Welch's unpaired t-test (b-e, g-j), and Kolmogorov-

838 Smirnov test (b-c curves, g-h curves). Statistical details are shown in Sup.Table 1.













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Conflict of Interest Statement: The authors declare that they have no conflict of interest.

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